



Toilet / potty training

Please give us as much information as possible when you start to train your child, as continuity is always best for your child.

Please bring lots of spare clothes including socks and some spare pairs of shoes, (crocs or jelly shoes are easier to clean) for your child, as accidents do happen even after several weeks of becoming trained.

Signs your child may be ready to be toilet trained:

- Showing an interest in the toilet or potty
- Telling you or showing signs that they need a wee or a poo
- Asking you to change a wet or soiled nappy
- Being able to pull their pants and trousers up and down
- Staying dry for longer periods of time between nappy changes

Clothing.

DO NOT put your child in dungarees, clothing with zips, buttons and belts. Girls find tights difficult to manage. If your child usually wears vests with poppers please refrain from putting them on. A good idea would be to cut them down, if you prefer not to buy new ones at this stage.

The best clothes to teach independence and to help with success are elasticised clothes such as jogging trousers and leggings. Children can pull these down and up easier.

We advise when you start toilet training that it is all day. As putting a child in a nappy to go to the shops then pants at home leads to confusion, and can cause them to have more accidents and take longer to master.

Jitterbugs Childcare toilet / potty training policy.

- ◆ Children are never punished when they have had an accident.
- ◆ Children are praised for using the toilet / potty.
- ◆ Stickers are issued when they have done well.
- ◆ An award is issued when the training is completed.
- ◆ At Jitterbugs we do not advise you to use 'Pull-ups' as children usually think they still have a nappy on.
- ◆ The best way to succeed is not to confuse the child by sometimes wearing a nappy and sometimes wearing pants. A decision has to be made one or the other unless we feel the child is not ready then we will advise you to keep them in a nappy a little longer.

Please remember children all develop at different stages do not try to train your child too early, otherwise it will take longer in the long term, toilet training can take several months.

If you have any further questions please ask your child's key worker or a member of staff.

Thank you, for your co-operation.

Please complete the following and return to Jitterbugs

Name of child.
Child's D.O.B
Does your child prefer the toilet or potty, or do they use both.
If your child is a boy does he prefer to stand or sit. (It is usually best if he is taught to stand as he will have to learn this skill eventually)
Does your child have any special toileting words, if so what are they.